



# Mussar

The continuation of our *Mussar* course exploring this soul-changing practice will be held on Sundays

**April 15, April 29, and May 13**

**9:30am nosh:** coffee and goodies provided

**9:45 - 10:45am:** session

with Rabbi Shana, Certified Mussar Facilitator

Studying *Middot* from Everyday Holiness, by Alan Morinis

All are welcome to join at any time!

No charge, but please RSVP and for more information,  
office@NerTamidSF.org or (415)661-3383